

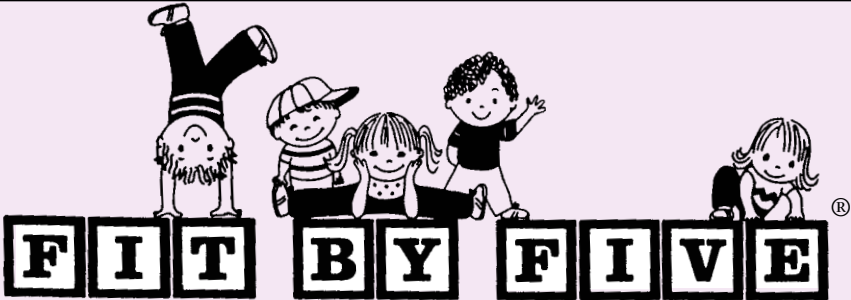
SCHOOL YEAR SESSION

September through June



The GYMNASTICS TRAINING CENTER

OF ROCHESTER, INC.



Pre-school education through physical activity.



The Botsford School of Dance



- Expert Instruction
- State-of-the-Art Facility
- Beginner Level through Advanced
- Programs for Boys and Girls
- Fit By Five Preschool
- Dance for Ages 3 Years through Adults
- Gymnastics for Junior High School & High School Competitors
- USA Gymnastics Competitive Teams Level 4-10 — Boys & Girls
- Cheerleading and Junior Cheerleading
- Home School Program
- Special Olympics
- New!! Girl Scout Programs
- New!! Visually Impaired/Blind Program
- New!! Tyson® Fitness Challenge
- New!! Adult Fitness Classes
- New!! Women's Personal Safety Program

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“Safety First, Last, and Always”

The Gymnastics Training Center of Rochester, Inc., offers its participants a unique program which includes more than traditional gymnastics training.



Philosophy

Our philosophy is “**Safety First, Last, and Always.**” We are dedicated to educating our students in a safe, fun atmosphere. Our goal is that each student will learn at his or her own pace and that our students will strive for “personal best,” not only in the gymnastics arena, but in all that life has to offer. We feel strongly that true success is not measured simply in victories but in the confident knowledge that one does his or her best.

GTC Programs & Sessions

GTC is currently running gymnastics classes and cheerleading classes for boys and girls from beginning levels to highly advanced levels on a continuous year-round schedule. Registrations are processed throughout the year during the two separate sessions (School Year Session and Summer Session) based upon class availability. **Fit by Five** Preschool is an academic preschool that offers an outstanding physically-based preschool learning experience. **Botsford School of Dance** offers a world class program for every ability from pre-ballet to advanced levels.

Location

Located at 2051 Fairport Nine Mile Point Rd. (Rt. 250 & 441), this 22,000 square foot facility is completely matted and carpeted. Our gym utilizes the most technologically advanced equipment available in the world today, for both men and women. Our fully equipped facility includes all of the Olympic apparatus in addition to a 60' tumbletrack into a deep pit, 2 sunken trampolines into a pit and 75' of “resi pits”. All of our equipment meets the USA Gymnastics safety specifications. All equipment is continually checked and rechecked to ensure safe, workable equipment.

Owned and Operated By

Owned and operated by Sarah Jane Bernhardt-Clifford, a graduate of Ithaca College and gymnastics instructor since 1972. Sarah Jane began competing in gymnastics locally in 1968 and her 41 years of ongoing experience has enabled her to become one of 30 individuals in America chosen by the USA Gymnastics to teach the National Safety Certification Program.

She became a gymnastics judge in 1976 and is Nationally certified by the National Association of Women's Gymnastics Judges. Sarah Jane is the Special Olympic Chairman of Gymnastics, the Regional Chairman of the Amateur Athletic Union, and National Instructor of Professional Development Program Levels I and II. She recently received the Small Business Person of the Year Award by the Rochester Chamber of Commerce, was named a Woman of Distinction of the State of New York by the State Senate and received the Charles Wagner Award sponsored by the Press Radio Club for her achievement of promoting a local sport to a national level. In 2003 Sarah Jane was appointed to the Business Advisory Council by the National Republican Congressional Committee and was awarded Citizen of the Year by the Celtic Fair Committee. She also received the 2003 ACE (Active Community Entrepreneur) by the National Association of Women's Business Owners. All of our expert instructors have had personal experience in competitive gymnastics on either a national or international level, and are USAG certified. The center was recognized for outstanding achievement at the Sportswoman of the Year Awards Luncheon and is celebrating its 15 year anniversary in its awesome facility and celebrating its 22nd year in business.

Rules and Policies

- **Pre-Registration:** prepayment is required to reserve a space in a desired class.
- Register in person or mail the \$30 registration fee, **and** first month's tuition, to the Gym.
- No reservations will be made without payment and a completed registration card for each child.
- There will be no written confirmation sent; assume your child is accepted into your 1st choice class **through the month of June.**
- We reserve the right to cancel or combine the classes if a minimum enrollment is not met.
- There are 4 classes per GTC month (block of 4 weeks; **not** a calendar month). Please refer to GTC yearly calendar on page 7.



Discount Policy

Families registering more than one child or for multiple classes will receive a 10% discount off of the lowest priced class when paying for the full 4-week block. This does not apply to class combinations between GTC/Botsford and Fit by Five Preschool. There is a \$5 (per child, per class) discount if your payment is received on or before the 7th of the month when paying for the full 4-week block. **Discounts do not apply to any prorated amount.**

Fees

Tuition is due on the **first** lesson of each 4-week payment block **through June 2010**. The discount rate cannot be honored after the 7th of each month. There is a \$25 charge for returned checks. **We have a no-refund non-transferable policy.**

Make-up Policy

One make-up class per block of 4 weeks is permitted and must be made up within 4 weeks of a missed class. Make-ups must be scheduled within the school year either 4 weeks before or after the missed class but not carried over to the summer program. **Make-ups cannot be scheduled during parent observation week. No show make-ups will be forfeited.** Please call the gym to schedule a make-up. **The make-up policy does not apply to the Fit by Five Preschool or clinics.**

Withdrawal Policy

You may withdraw from the program at any time before the last class date of the School Year Session (June 26th):

- Submit a written notice **two weeks** in advance of the student's **intended** last class date.
- Payment is due for the following two classes **after** the date the note is received in the office; 14 days **from** the date the withdrawal note is received **excluding** the date it is received (i.e. day one is considered to be the following day).
- Your child can attend the two classes within the two-week timeframe.
- Any missed classes during the school year cannot be applied to this two-week timeframe.

Safety Rules

We at The Gymnastics Training Center of Rochester, Inc., feel there are certain qualifications and standards that are necessary to ensure a safe, secure and satisfying gymnastics environment in our facility. Therefore, we enforce the following rules:

1. **Please escort your child to the Parent's Lounge. Read our weekly sign board and the weekly handouts.**
2. No shoes on the carpets please.
3. No one may go on any equipment at any time without an instructor present.
4. **Proper attire is required.** Girls should wear a leotard. Boys should wear t-shirts and shorts. No tights may be worn, except stirrup tights. No jewelry may be worn, including earrings. Long hair must be tied off the face. No bobby pins. Fingernails and toenails must be neatly trimmed.
5. No food, candy, gum or drinks are permitted in the gym or surrounding areas.
6. Horseplay will not be allowed.
7. New skills may not be attempted without an instructor's permission.
8. A positive attitude is required at all times.
9. "Practicing Perfect Progressions Provides Perfect Performances."
10. Park in a designated parking space. Vehicles should not park or stand at the front entrance.
11. **Parents may observe on Observation Weeks only for gymnastics, cheerleading and ballet classes. Please refer to GTC and Botsford calendar for specific dates. Kindly wait in the Parent's Lounge, not in the foyer area as it is distracting to our administrative staff.**

*If you ever have any questions, concerns, comments, criticisms or compliments about our program, please call Sarah Jane Bernhardt-Clifford at the gym at 388-8686.



Gymnastics

- **1-2 YEAR OLDS** This class will be assisted by a parent or guardian. It will run for 45 minutes and offers age-appropriate lessons in movement education. Interaction between parents and children is encouraged through exercise and use of modified gymnastic apparatus. Parents must remain with the group at all times and supervise their youngster.
- **3 YEAR OLDS** This 45 minute class focuses on movement education and games, using modified gymnastics apparatus especially designed for the preschooler. This progressive program prepares the youngster for the fundamentals of gymnastics.
- **4-5 (A) YEAR OLDS** This one hour class is designed to improve motor skills by introducing strength, flexibility and gymnastic exercises, using modified gymnastics equipment and Olympic apparatus.
- **4-5 (B) YEAR OLDS** This class includes the above components with more work on the Olympic apparatus and will run for 1 1/2 hours. Previous gymnastics experience is required with instructor recommendation.
- **5-7, 8-12 and 13 YEAR OLDS & UP** This is a progressive program which follows the National USA Gymnastics Levels 1-4 program. During the 1-1/2 hour class participants will receive expert instruction on Olympic apparatus and will receive progressive instruction in Levels 1-4 skills.
- New!!* • **FAST TRACK 5-7 & 8-12 YEAR OLDS** This program is designed for a child to accelerate by attending **two or three 1-1/2 hour** classes each week.
- **HIGH SCHOOL GYMNASTICS** This program is designed to help gymnasts become more competitive. This class will help students raise the start value of their routines by assisting students in selecting appropriate A, B and C value skills. Instructors will help you choose music, aid in choreography and add artistry to routines. Each class is 2 hours long.
- **DEVELOPMENTAL - PRE-TEAM PROGRAM** This program is designed for the exceptionally talented child. Participants must be tested to enter this program. Each class is 2 hours long, we require two classes per week plus one ballet class.
- **TEAM** Advanced teams, Levels 5-10 will be offered the opportunity to choose their practice days and times from 2 to 5 days a week. Ballet is required and included in tuition. Each class is 3 hours long. We require two classes per week plus one ballet class. There is a family obligation to participate in the Team Booster Club.
- **FIELD TRIPS** Special classes can be scheduled on an individual basis. Call the gym for further information.

Registrations are processed throughout the School Year Session based upon class availability.

REGISTRATION FEE: \$30 annual registration fee.

FIRST MONTH'S TUITION: Refer to fee schedule on next page.

*Checks can be mailed to GTC.

*Cash, Visa or MasterCard charges must be made in person.

Gymnastics

- **HOME-SCHOOL PROGRAM** Custom-made programs can be designed for your group. Call the gym for further information.
- **SPECIAL OLYMPICS TRAINING** Our athletes are offered the opportunity to train in gymnastics and compete in Regional, Super Regional and State events. There is no fee for this program. Medical and consent forms must be submitted prior to participation.
- **ADULTS** This class is designed for those people who are high school age and up, and are interested in starting or continuing their gymnastics training. Each class is 1 1/2 hours long.

Cheerleading

- **CHEERLEADING & TUMBLING**
This class will include strength and flexibility training while concentrating on leaps, jumps and tumbling skills. Students may join as a group or individually. Each class is 1 1/2 hours long, one or more times per week.
- **JUNIOR CHEERLEADING & TUMBLING**
This class is designed for younger cheerleaders from 6 to 12 years old.

New Programs

- **TYSON® FITNESS CHALLENGE**
This is a fitness initiative for 5 year olds and older that encourages physical fitness through fun activities with an emphasis on strength training, cardiovascular exercises, flexibility and good nutrition. Each class is 45 minutes long with the goal of improving overall physical fitness.
- **VISUALLY IMPAIRED and BLIND PROGRAM** This program is offered to anyone visually impaired or blind who is interested in learning various aspects of gymnastics. Please contact the Association of the Blind and Visually Impaired (ABVI) at 232-1111 for further details.
- **GIRL SCOUT PROGRAMS** Badge programs are offered for Daisies, Brownies and Junior Scouts throughout the School Year Session. Please contact the Girl Scouts of Western New York council office at 292-5160 for dates, times and prices.
- **WOMEN'S PERSONAL SAFETY**
- **PILATES** Core strengthening and body toning exercises.
- **YOGA** Build strength and flexibility.
- **SENIOR EXERCISE** A non-impact workout for 65+.



Weekly Classes - 9/7/09 - 6/26/10

1 - 2 YEAR OLDS - 45 minutes

Monday	9:00 - 9:45 am
Tuesday	9:45 - 10:30 am 10:30 - 11:15 am 5:30 - 6:15 pm
Wednesday	9:30 - 10:15 am
Thursday	9:00 - 9:45 am 6:15 - 7:00 pm
Saturday	8:45 - 9:30 am

3 YEAR OLDS - 45 minutes

Monday	9:45 - 10:30 am 10:30 - 11:15 am 4:45 - 5:30 pm 5:30 - 6:15 pm
Tuesday	10:30 - 11:15 am 6:15 - 7:00 pm
Wednesday	10:15 - 11:00 am
Thursday	10:45 - 11:30 am 5:30 - 6:15 pm
Friday	10:30 - 11:15 am
Saturday	10:30 - 11:15 am 11:15 - 12:00 pm

4 - 5 YEAR OLDS (A) - 1 hour

Monday	10:30 - 11:30 am 1:00 - 2:00 pm 6:15 - 7:15 pm
Tuesday	9:30 - 10:30 am 11:15 - 12:15 pm 4:15 - 5:15 pm 5:15 - 6:15 pm
Wednesday	11:00 - 12:00 pm 5:30 - 6:30 pm
Thursday	9:45 - 10:45 am 4:30 - 5:30 pm
Friday	9:30 - 10:30 am 11:15 - 12:15 pm
Saturday	9:30 - 10:30 am 12:30 - 1:30 pm

4 - 5 YEAR OLDS (B) - 1 1/2 hours

Monday	1:30 - 3:00 pm
Wednesday	9:00 - 10:30 am
Friday	9:00 - 10:30 am 1:15 - 2:45 pm
Saturday	1:30 - 3:00 pm

5 - 7 YEAR OLDS - 1 1/2 hours

Monday	4:30 - 6:00 pm
Tuesday	3:30 - 5:00 pm 6:00 - 7:30 pm
Wednesday	4:00 - 5:30 pm 5:30 - 7:00 pm
Thursday	3:30 - 5:00 pm 5:00 - 6:30 pm
Friday	4:30 - 6:00 pm 6:00 - 7:30 pm
Saturday	9:00 - 10:30 am 11:30 - 1:00 pm 1:30 - 3:00 pm

FEE SCHEDULE

Monthly payment through June covers a block of 4 classes; alternating blocks highlighted on calendar.

(Monthly payments due through June unless you withdraw from the program — in compliance with the Withdrawal Policy.)

45 minutes	1 time per week	\$45.00
1 hour	1 time per week	\$50.00
1 1/2 hours	1 time per week	\$65.00
2 hours	1 time per week	\$80.00

8 - 12 YEAR OLDS - 1 1/2 hours

Monday	3:30 - 5:00 pm 6:00 - 7:30 pm
Tuesday	3:30 - 5:00 pm 5:00 - 6:30 pm 6:30 - 8:00 pm
Wednesday	4:00 - 5:30 pm 6:30 - 8:00 pm
Thursday	4:00 - 5:30 pm 6:30 - 8:00 pm
Friday	4:30 - 6:00 pm 6:00 - 7:30 pm
Saturday	10:30 - 12:00 pm 1:30 - 3:00 pm

13 YRS OLD & UP - 1 1/2 hours

Tuesday	7:30 - 9:00 pm
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HIGH SCHOOL - 2 hours

Monday	7:00 - 9:00 pm
Wednesday	7:00 - 9:00 pm

CHEERLEADING/TUMBLING - 1 1/2 hours

Monday	6:00 - 7:30 pm (Junior) 7:30 - 9:00 pm
Wednesday	6:00 - 7:30 pm (Junior)
Thursday	7:30 - 9:00 pm
Friday	3:30 - 5:00 pm (Junior)
Saturday	10:30 - 12:00 pm (Junior)

DEVELOPMENTAL - 2 hours

(2 Developmental & 1 Ballet class required) - \$160/month

Monday	5:00 - 7:00 pm (5-7 yr olds) 7:00 - 9:00 pm (8-12 yr olds)
Tuesday	4:00 - 6:00 pm (All girls & boys)
Wednesday	4:00 - 6:00 pm (5-7 yr olds)
Thursday	5:00 - 7:00 pm (All girls and boys) 7:00 - 9:00 pm (8-12 yr olds)
Saturday	9:00 - 11:00 am (All girls & boys) 1:30 - 3:30 pm (All girls)

TEAM - 3 hours

Girls Team - 3 hours

Advanced Team classes for girls; check at the desk for specific times and prices.

Boys Team - 3 hours

Advanced Team classes for boys; check at the desk for specific times and prices.

SPECIAL OLYMPICS - 1 hour

Friday	3:30 - 4:30 pm
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TYSON® FITNESS CHALLENGE - 45 minutes

Check at the desk for specific times and prices.

ADULT GYMNASTICS - 1 1/2 hours

Wednesday	7:30 - 9:00 pm
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WOMEN'S PERSONAL SAFETY - 1 hour

Check at the desk for specific times and prices.

PILATES - 1 hour

Thursday	9:00 - 10:00 AM 11:30 - 12:30 PM
Saturday	9:00 - 10:00 AM

YOGA - 1 hour

Monday	12:00 - 1:00 PM
Wednesday	12:00 - 1:00 PM

SENIOR EXERCISE - 1 hour

Monday	1:00 - 2:00 PM
Wednesday	1:00 - 2:00 PM

Gymnastics Training Center & Botsford School of Dance

- When you register for our School Year Program you are registering for a program that **continues through the month of June.**
- Payments are made on a monthly basis through June which covers a **block of four classes.** Alternating blocks are highlighted/shaded for quick reference.
- Registrations are processed throughout the year based on class availability.
- **All payments are non-refundable and non-transferable**

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	24	25	26	27	28	29	30	20	21	22	23	24	25	26	

Summer Classes Begin June 28th

⊗ Gym closed — No make-up necessary
 ○ Gym closed — Call to schedule a make-up
The gym will be open on all other days, including holidays.

PARENT OBSERVATION WEEKS	
Preschool Program November 9-13 January 18-22 March 29-April 2 June 14-18	Mass Program November 16-20 January 25-29 April 5-9 June 21-25
WEEKLY CLINIC DATES	
Winter Clinic: Dec. 28-31 (Mon.-Thurs.) • Spring Clinic: April 19-23 (Monday-Friday)	

Botsford School of Dance

Celebrating 85 Years of Excellence

The Botsford School of Dance has been a highly respected, prestigious dance program in the Rochester area for over 85 years. The program is structured to accommodate every ability from Preschool to Advanced. It was established by Enid Knapp Botsford Orcutt with the intention of using dance to help students develop a wider understanding of culture and art. Today the tradition continues with world-class teachers in the finest facility.

Director

Michelle Madore is the 2002 World Champion in the Cabaret Division of Ballroom Dance. She and her partner have also won 1st place at many international competitions such as The Ohio Star Ball Danceport Championships, broadcast on PBS each year. She has been studying dance since she was a child. She danced professionally first with the Mohawk Valley Performing Arts Company in upstate NY and then at The Hartford Ballet in Connecticut. Michelle holds an Associates of Arts in Education, a Bachelor of Science degree in Dance Kinesiology, and a Master of Fine Arts degree in Dance Performance and Choreography. She is the 1997 NYDO Best Choreography Winner and has received grant awards to produce her choreography. Michelle's dance expertise includes Ballet, Pointe, Modern, Latin and Standard Partner Dancing, and Cabaret (Partner Dancing with Lifts). She has also developed a Pilates and Yoga based Stretch and Strengthen Class designed to help dancers and other athletes achieve peak performance levels.

Philosophy

Students will be assigned to a ballet class level based on their skill level in dance. Each student will be evaluated by a qualified instructor and placed in the class that will best allow the student to progress. Mastery of technique, attitude, and discipline in dance class will be considered for level placement. The Botsford School of Dance takes ballet training very seriously as it is a rigorous activity that can be demanding on both the body and the mind. Educated and caring teachers will help each student attain their personal goals in dance, whether the goal is fun and fitness or a career in the dance world. The program is designed to challenge and educate, allowing students to improve and succeed. More advanced students are offered local performance opportunities throughout the year. All students are encouraged to participate in our annual Year-End Show in June, designed to allow students to experience dance as a performance art.



Fee Schedule (Block of 4 classes)

Registration Fee: \$30 annual registration fee per child.

30 minutes	1x per week	\$35.00
45 minutes	1x per week	\$45.00
55-60 minutes	1x per week	\$50.00
85-90 minutes	1x per week	\$65.00
2 hours	1x per week	\$80.00

Payment due on the **first** class of each month through June (refer to GTC calendar) **unless written notification of withdrawal is submitted to the office two weeks prior to the actual drop date.** There is a \$5 (per child, per class) discount if your payment is received on or before the 7th of the month.

Ballet Schedule 9/7/09 - 6/26/10

All **young men** attending dance classes are required to wear a plain white T-shirt (no writing on it) and black sweatpants, shorts, or tights — nothing baggy. All **young ladies** must have footed ballet pink tights and a solid color leotard that corresponds to their Level. Correctly fitted leather or canvas ballet slippers must also be worn in the dance studio — pink for ladies, black for young men.

• **PRE-BALLET (3 years old)** This class is designed to develop gross motor skills and foster creative movement. Any solid color leotard.

Wed. 4:30-5:00 PM; Thurs. 10:15-10:45 AM; Sat. 10:00-10:30 AM

• **BALLET A (4 years old and up)** This class introduces elements of the traditional ballet class through creative movement. Pink leotard.

Thurs. 10:45-11:30 AM; Fri. 3:45-4:30 PM; Sat. 10:30-11:15 AM

• **BALLET B (5-6 years old and up)** This class establishes a physical and mental foundation to prepare young dancers for formal ballet training. Students will gain physical strength and flexibility needed to progress. Pink leotard.

Mon. 4:15-5:00 PM; Fri. 5:30-6:15 PM; Sat. 11:15-12 noon

• **LEVEL 1** Students are introduced to the Vaganova (Russian) method of classical ballet technique with emphasis on correct posture and alignment. Pink leotard.

Tues. 5:00-5:55 PM; Wed. 6:00-6:55 PM; Fri. 5:30-6:25 PM; Sat. 1:00-1:55 PM

• **LEVEL 2** This class builds on technique learned in Level 1, further refining foundation material. Emphasis is on correct placement with turn-out and basic barre and center steps. Light blue leotard.

Wed. 7:00-7:55 PM; Fri. 4:30-5:25 PM; Sat. 12-12:55 PM

• **LEVEL 3** (2 classes a week STRONGLY recommended — one can be taken in Level 2) More advanced steps and combinations are added to the ballet class curriculum. Students continue to build ballet vocabulary, stamina, strength and flexibility. Students at this level can be considered for Pointe work. Burgundy leotard.

Tues. 4:00-4:55 PM; Wed. 5:00-5:55 PM; Thurs. 4:30-5:25 PM; Sat. 2:00-2:55 PM

• **LEVEL 4** (2 classes a week REQUIRED) — one can be taken in Level 3) — Instruction in these classes is at an advanced level and demands more discipline and focus from the dancer. Pirouettes and grand allegro become regular class elements. Lavender leotard for Level 4. Navy leotard for Level 5.

Tues. 6:00-7:25 PM; Thurs. 4:30-5:55 PM; Sat. 2:00-3:25 PM (alternate class: Mon.5:30-6:55 PM)

• **LEVEL 5/PRE-PROFESSIONAL** (3 Technique and 2 Pointe Classes required) — Students selected for this level concentrate on perfecting technique and developing artistry. A foundation is laid on which to build a professional career in dance. Black leotard.

Mon. 5:30-6:55 PM; Tues. 6:00-7:25 PM; Thurs. 6:30-7:55 PM; Sat. 2:00-3:25 PM

• **POINTE** The ultimate in technical attainment for the female ballet dancer. Intensive technical training serves to develop the muscular strength of the back, thighs, and insteps. Students in Level 3 or above, taking a minimum of 2 classes a week, will be considered for Pointe.

Pre-Pointe/Beginning Pointe: Mon. 5:00-5:30 PM; Tues. 7:30-8:00 PM

Inter./Advanced Pointe: Mon. 5:00-5:30 PM; Tues. 7:30-8:00 PM; Thurs. 8:00-8:55 PM (Variations)

• **HIP/HOP - JAZZ CLASS** This class will introduce students to the jazz and hip hop dance styles, helping the students to develop into well rounded dancers.

Jazz Levels 2, 3, 4: Mon. 7:00-7:55 PM; Jazz Level 5 & Pre-Pro: Mon. 8:00-8:55 PM

• **ADULT BALLET** This class includes barre, center, and stretch exercises designed for fitness and enjoyment of dance. It's never too late to learn! Comfortable clothing and ballet slippers required.

Beginning: Mon. 5:30-6:55 PM; Int./Adv. Tues. 6:00-7:25 PM and/or Thurs. 6:30-7:55 PM



- Where active children learn through doing.
- Fit by Five is an academic preschool for the active child up to 5 years old.

September 2009 - June 2010

History and Philosophy

Fit by Five is a progressive preschool program for youngsters up to 5 years old. Its philosophy is rooted in a German model of early childhood education dating back to 1812. These programs used physical movement, like gymnastics and sports, to teach more effectively concepts like numbers, letters, vocabulary and reading. Today, Fit by Five is widely regarded as both a progressive and comprehensive preschool that incorporates the skill of motor control (fine & gross) into its academic curriculum. Students learn by doing, they learn through their senses and they learn through play and fun.

The philosophy of this program is to provide a base of multi-educational experiences including both mind and body. Each lesson is designed to increase each child's self-confidence by allowing the child to progress at his/her own pace in a positive, nurturing environment.

Registration & Tuition Policies

Pre-Registration: prepayment is required to reserve a space in a desired class.

Register in person or mail:

- A completed registration card
- \$30 annual registration fee, plus the deposit of one month's tuition that is credited to June's tuition. **Both fees are non-refundable and non-transferable.**
- A current Immunization Record.

Tuition Policies

Monthly tuition is due on or before the 7th of the month. For example, September's tuition is due on or before September 7th. The Early Pay discount **cannot** be honored after the 7th of each month. Tuition payments are **Non-Refundable and Non-Transferable**. There is a \$25 charge for returned checks. There are no make-ups for missed classes.

Discount Policies

Families registering more than one child in the Fit by Five Program will receive a 10% discount on the lesser tuition amount.

Early Pay Discount: There is a \$5 (per child, per class) discount if you pay on or before the 7th of the month.





• PERKY KIDS (for 2-3 year olds)

This is an action based program. The main objective is to help children separate from parents/caregivers and have them socialize with other children the same age. Class consists of singing songs and doing a variety of simple and fun activities geared to their age level, while helping them develop beginning listening skills.

*New
Time!*

Class: Tuesday and Thursday
Time: 9:30 am -11:00 am
Price: \$120 per month or \$110 per month (*Early Pay Discount if paid on or before the 7th of the month.*)

• PRESCHOOL (for 3-4 year olds)

Children are exposed to physical and academic skills and begin working with numbers, letters, geometric shapes, colors, body parts and following direction type activities. Students learn to wait in line and take turns. They are exposed to sports, games and beginning gymnastics. Relays and obstacles are also a big part of the preschool program. The main focus is to build each child's self-confidence and develop their attention span while they experience a variety of activities.

Class: Monday, Wednesday and Friday
Time: 9:00 - 11:30 am
Price: \$200 per month or \$185 per month (*Early Pay Discount if paid on or before the 7th of the month.*)

• PRE-K

Children must be 4 or 5 years old **and** will be attending kindergarten the following fall. These children will be exposed to academic and physical activities consistent with the Preschool class but at a more advanced level. The Pre-K class is encouraged to be more independent by a greater variety of activities that are more challenging as well as fun.

Class: Monday, Wednesday and Friday
Time: 9:00 - 12:00 pm
Price: \$225 per month or \$210 per month (*Early Pay Discount if paid on or before the 7th of the month.*)